

Tameside Sports Hall Athletics 2025

Dear Colleagues,

Enclosed is the information you will need for this year's event. Competitors may enter 2 relays + 1 individual track or field (e.g. 2 x 1 lap + 4 x 1 lap + 1 x 1 lap or 2 x 2 lap + 4 x 1 lap hurdles + seated throw)

NB You need a minimum of 8 athletes for your girls' team and 8 athletes for your boys' team.

The top 3 teams from each venue will go through to the Finals.

Please make sure that you do not allow pupils to take part in extra events as this will result in disqualification.

On the day, staff will be required to help the event run smoothly by timing/ judging/ marshalling events. Please put your entries for the 3 events (heats only) on the Tameside website as soon as you can.

Dates and Deadlines for entries on the Tameside website (**your entry may not be accepted if it is after these dates**):

Year 9 Entry Deadline: Thursday 6th March

Year 9 Heats: Monday 10th March at HYDE/STM

Year 9 Finals: Thursday 13th March AT ST DAMIANS

Year 8 Entry Deadline: Thursday 13th March

Year 8 Heats: Monday 17th March at HYDE/ST DAMIANS

Year 8 Finals: Thurs 20th March VENUE HYDE OR ST DAMIANS TBC

Year 7 Entry Deadline: Thursday 20th March

Year 7 Heats: Monday 24th March at HYDE/ST DAMIANS

Year 7 Finals: Thursday 27th March AT HYDE OR ST DAMIANS TBC

Please note that if you enter and don't show up without letting the organisers know, then any future entries for off the blocks competitions this year may not be accepted

STM contact Nathan Hind – 07531295181

email : n.hind@stmcollege.org.uk

Hyde contact Jonathan Beeden – 07740646684

email j.beeden@hydehighschool.uk

St Damians contact Mary Guilfoyle - 07738086523

email mguilfoyle@stdamians.co.uk

HEATS @ Hyde plus either St Damians or STM (**TBC at the PEA**) - arrival from 3.30pm- 3.45pm **4pm PROMPT START**

The schools and venues below may change, depending on the number of schools who enter

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SCHOOL:

Year ___ Boys Team

Event	Name
Track Events	
1 runner x 1 lap	
1 runner x 2 laps	
2 runners x 1 lap	1. 2.
2 runners x 2 laps	1. 2.
4 runners x 1 lap	1. 2. 3. 4.
4 runners x 2 laps	1. 2. 3. 4.
4 runners x 1 lap hurdles	1. 2. 3. 4.
Field Events	
Speed Bounce	
Standing Long Jump	
Standing Triple Jump	
Standing Vertical Jump	
Seated Throw(basketball)	
Standing Throw (shuttlecock)	
Reserve 1.	
Reserve 2.	

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Competitors may enter 2 relays + 1 individual track or field

SCHOOL:

Year _____ Girls Team

Event	Name
Track Events	
1 runner x 1 lap	
1 runner x 2 laps	
2 runners x 1 lap	1. 2.
2 runners x 2 laps	1. 2.
4 runners x 1 lap	1. 2. 3. 4.
4 runners x 2 laps	1. 2. 3. 4.
4 runners x 1 lap hurdles	1. 2. 3. 4.
Field Events	
Speed Bounce	
Standing Long Jump	
Standing Triple Jump	
Standing Vertical Jump	
Seated Throw(basketball)	
Standing Throw (shuttlecock)	
Reserve 1.	
Reserve 2.	